

How to Maintain and Renew your Power Pilates Certificate

One of the points we stress to people interested in a Power Pilates certification is that your true education begins once you complete the program. As a Pilates Instructor, you must continue to learn, revisit, and refine your teaching skills in order to stay inspired as well as to continue to inspire others.

If you received a certificate of completion on or before December 31, 2003

Your Power Pilates certificate expires **December 31, 2006**. To maintain and renew your certificate, you are required to fulfill a certain amount of Power Pilates Continuing Education Credits (CEC) before the certificate expires and every two (2) years thereafter. The number of CEC required varies for each program.

If you received a certificate of completion on or after January 1, 2004

Your Power Pilates certificate expires every **two (2) years**. To maintain and renew your certificate, you are required to fulfill a certain amount of Power Pilates Continuing Education Credits (CEC) before the certificate expires. The number of CEC required varies for each program.

If you attended more than one Teacher Training program

Maintain CEC for the highest level program.

For example: You attended Power Pilates Beginner Mat and Comprehensive program. You are required to fulfill 15 CEC every two (2) years.

Power Pilates Course Credits

Each Power Pilates continuing education course is assigned a certain number of credits, which are included next to the course information in our brochures and on our website. As a general rule, 1 hour = 1 credit. *Please note: Not all courses are accredited.*

Accreditation From Other Organizations

Several of our courses are accredited by ACE AFAA, and PMA. If you attend any of these Power Pilates courses, it will help you maintain renewal for those certificates and memberships as well as ours. Course accreditation is listed right after the Power Pilates CEC.

Non-Power Pilates Courses

We encourage you to attend all types of workshops, especially in areas that interest you most. With that being said, we can not count all courses attended towards your Power Pilates renewal. We will only consider courses that reinforce and support your classical Pilates education.

Power Pilates Course	Credits Required
Mat	
Beginner Mat	6
Intermediate Mat	6
Apparatus	
System Training: Level 1	12
System Training: Level 2	12
System Training: Level 3	15
Comprehensive	15
12-Day Intensive	15
Bridge Participant	15

To obtain credits for a non-Power Pilates course, please submit the following information. *Please note: We do not guarantee credits.* It depends upon course material and the Instructor. We recommend you apply for approval prior to attending the course. The approval process can take up to 30 days.

1. Course date
2. Time
3. Instructor name
4. Instructor resume / biography
5. Course outline

Renewal Process

Submit the following information on or before your certificate expiration date:

PART 1: COVER LETTER

1. RE: CERTIFICATE OF COMPLETION RENEWAL
2. \$25.00 processing fee (checks made out to Power Pilates)
3. Program name, date and city where you originally attended the program
4. Include a copy of the Power Pilates certificate you are renewing.
5. Your name
6. Address (where you want the certificate to be mailed)
7. E-mail address
8. Contact number(s)

PART 2: COURSE INFORMATION

Fill out this information for each Power Pilates and pre-approved non-Power Pilates course attended that will fulfill your CEC requirements:

1. Date of course
2. Course title
3. Instructor
4. Location
5. Amount of CEC (refer to the brochure or website)

Renewal information received up until 6 months after certificate expiration date will be subject to a \$50.00 processing fee.

If you exceed the 6-month expiration period, your certificate will not be considered for renewal.

All continuing education information (renewal & course approval) should be mailed to:

Power Pilates
49 West 23rd Street, 10th fl
NY, NY 10010
Attn: Continuing Education Renewal or Course Approval